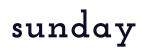
Weekly Meal Plan



Spaghetti & Meatballs Kale Salad

## monday

Tomato Basil Crispy Lemon Chicken w/ Navy Beans (click for recipe)

## tuesday

Forest Ham Paninis with Gouda and Pesto (click for recipe)

## wednesday

Grilled Brats & Hamburgers

## thursday

Mahi Mahi Tacos with Black Beans (click for recipe)

friday

Pizza!